

ACHIEVE LANGUAGE ACADEMY

OCTOBER 2021

HOT LUNCH

PRICE: STUDENT - No Charge

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entrée
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk
4	5	6	7	8
Turkey Corn Dog Pinto Beans Salad, Fruit, Milk	Chicken Alfredo Dinner Roll Salad, Veggies, Fruit, Milk	Meatball Sub Salad, Veggies, Fruit, Milk	Teriyaki Chicken Leg Steamed Corn & Biscuit Salad, Fruit, Milk	Cheese Lasagna Soft Breadstick Salad, Veggies, Fruit, Milk
11	12	13	14	15
Swedish Meatballs Pasta & Roll Salad, Veggies, Fruit, Milk	Turkey & Cheese Melt Pinto Beans Salad, Fruit, Milk	Seasoned Chicken Leg Steamed Rice Salad, Veggies, Fruit, Milk	Chicken Patty Sandwich Roasted Potatoes Salad, Fruit, Milk	Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk
18	19	20	21	22
Cheeseburger Potato Wedges Salad, Fruit, Milk	Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk	Chicken & Cheese Enchilada Bake Salad, Veggies, Fruit, Milk	No School	No School
25	26	27	28	29
Chicken Alfredo Dinner Roll Salad, Veggies, Fruit, Milk	Meatball Sub Pinto Beans Salad, Fruit, Milk	Orange Chicken Steamed Rice Salad, Veggies, Fruit, Milk	Chicken Strips Steamed Corn & Roll Salad, Fruit, Milk	No School

COLD BREAKFAST

PRICE: STUDENT - No Charge

SERVED DAILY

Fruit Juice - Apple, Mixed Berry, Kiwi/Strawberry, Orange, Fruit Punch
 Fresh Fruit - Apple, Orange, Pears, Raisins, Craisins, Applesauce
 Variety of Milk, including Skim

Week of October 4-8, 18-20

Breakfast Cereal	Mini French Toast	Assorted Muffins String Cheese	Cinnamon Roll	Mini Waffles
Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice

Week of October 11-15, 25-28

Granola Fruit Yogurt	Mini Bagel w/ Cinnamon Cream Cheese	Breakfast Cereal	Breakfast Loaf Boiled Egg	Cinnamon Roll
Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice	Fruit and/or Juice

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.



Our Commitment

"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com